



# Asthma Patient Follow Up Visit Form

Patient Name: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_ Phone Number: \_\_\_\_\_

Does your child have any current asthma problems or do you have any concerns? Yes No

### Asthma Symptoms

Since your last visit, does your child have frequent episodes of...

- J COUGHING Yes No  
Average number of episodes per week \_\_\_\_\_
- J ONGOING NIGHTTIME COUGH Yes No  
Average number of episodes per week \_\_\_\_\_
- J AUDIBLE WHEEZING Yes No  
Average number of episodes per week \_\_\_\_\_
- J DIFFICULTY BREATHING/SHORTNESS OF BREATH **WITHOUT** ACTIVITY Yes No  
Average number of episodes per week \_\_\_\_\_
- J DIFFICULTY BREATHING/SHORTNESS OF BREATH **WITH** ACTIVITY  
How many episodes per week \_\_\_\_\_ Which activities \_\_\_\_\_
- J PROLONGED OR EXCESSIVE COUGH WITH COLDS Yes No

Does your child use their rescue (quick relief) medicine more than twice per week, not counting exercise? Yes No

If yes, number of times per week: \_\_\_\_\_

Last time your child used his/her rescue medicine: \_\_\_\_\_

Since your last visit, how many flare-ups (exacerbations or attacks) of his/her symptoms have occurred?

- None
- 1-2
- 3 or more

Since your last visit, how many times has he/she required steroids(liquid, tablet, or injection) to control symptoms?

- None
- 1-2
- 3 or more

Since your last visit, has your child been to the emergency room for asthma or breathing problems? Yes No

If yes, how many times? \_\_\_\_\_

Since your last visit, has your child been diagnosed with pneumonia? Yes No

If yes, how many times? \_\_\_\_\_

Since your last visit, has your child been hospitalized for asthma, pneumonia, bronchitis, RSV, bronchiolitis, or other breathing problems? Yes No

If yes, how many times in the past year? \_\_\_\_\_

Since your last visit, has your child missed school or other activities because of asthma or breathing problems? Yes No

If yes, how many times? \_\_\_\_\_

**—Turn Over Please—**

**If you do not understand any of these questions, please ask your nurse.**

