

RESOURCES

There are thousands of books on Autism Spectrum Disorders. The following list consists of books and websites we have seen recently or have on hand at Complete Children's Health. Topics range from toilet training, social situations, hygiene, picky eating, education, personal stories and fiction. Whatever your need, we can help you find a book if you have difficulty locating one to address your concern. Explore the resources below and you will be amazed at all the help and support you will find!

Recommended Books

FACING AUTISM by Lynn M. Hamilton, Waterbrook Press, 2000

TEN THINGS Every Child With Autism Wishes You Knew, by Ellen Notbohm, Future Horizons, 2005

1001 GREAT IDEAS for Teaching and Raising Children with Autism Spectrum Disorders, Ellen Notbohm and Veronica Zysk, Future Horizons, 2004.

DEVELOPING TALENTS (Careers for Individuals with Asperger Syndrome and High Functioning Autism, by Temple Grandin and Kate Duffy, Autism Asperger Publishing Co., 2004

THINKING IN PICTURES: and Other Reports from My Life with Autism
By Temple Grandin, Vintage Press.

(All the following books are published by Autism Asperger Publishing Co., found at www.asperger.net)

AUTISM: HOW TO HELP YOUR YOUNG CHILD by The Leicestershire County Council, Education Dept., 1998

THE HIDDEN CURRICULUM: Practical Solutions for Understanding Unstated Rules in Social Situations by Brenda Smith Myles et al, 2004

PRACTICAL SOLUTIONS to Everyday Challenges for Children with Asperger Syndrome by Haley Morgan Myles (age 9), 2002

EVERYDAY SOLUTIONS (a Practical Guide for Families) by Mindy Small and Lisa Kontente, 2003

ASPERGER SYNDROME AND SENSORY ISSUES, Brenda Smith Myles et al.,2000

ASPERGER SYNDROME AND DIFFICULT MOMENTS (Practical Solutions for Tantrums, Rage, and Meltdowns) by Brenda Smith Myles and Jack Southwick, 2005 revised

THE INCREDIBLE 5-POINT SCALE by Kari Dunn Buron and Mitzi Curtis, 2003

EVERYBODY IS DIFFERENT (A Book for Young People Who Have Brothers or Sisters with Autism) by Fiona Bleach.

NO B.O.! THE HEAD-TO-TOE BOOK OF HYGIENE FOR PRE-TEENS by Marguerite Crump

BRINGING UP PARENTS: THE TEENAGER'S HANDBOOK, Alex J. Packer

HOW RUDE! The Teenager's Guide to Good Manners, Proper Behavior and Not Grossing People Out by Alex J. Packer

Websites

www.autism.org

www.autism-society.org

www.autismwebsite.com

www.autismnebraska.org (also great for updates on local conferences and happenings)

www.nde.state.ne.us/autism - *Nebraska Autism Spectrum Disorder Network*

www.firstsigns.org

www.autismtoday.com

www.futurehorizons-autism.com

<http://www.udel.edu/bkirby/asperger/>

<http://www.ga.autism-1.net/>

www.autism.ca (Autism Canada site)

www.ozmofun.com (This site is “created by parents of an adult with autism and OCD to encourage easy, safe, wonderful fun with toys, posters, books, novelties, puzzles, jokes and other interesting stuff.”)

www.respitenetwork.org – *Nebraska Respite Network*

Learning resource sites:

www.MariposaSchool.org (“learning materials”)

www.do2learn.com (free downloads of visual, picture cards, charts, etc)

www.usevisualstrategies.com (articles, materials about visual supports)

<http://www.cesa7.k12.wi.us/sped/autism/asper/asper11.html> (interventions for success)

Publishers of Autism Spectrum Information:

www.asperger.net (Autism-Asperger Publishing Co. Many of our recommended books can be found at this site)

www.jkp.com/catalogue/index.php/cat/autism Jessica Kingsley Publishers

(Extensive catalogue for Autism and Aspergers Syndrome books and resources. When I attempted to print it, it showed page 1 of 552 pages)

Articles about Autism and Thimerosal from Children's Hospital of Philadelphia, Dr. Paul Offit: <http://www.chop.edu/consumer/jsp/division/generic.jsp?id=75751>
<http://www.chop.edu/consumer/jsp/division/generic.jsp?id=75752>

Other Resources:

Southeast Regional Autism Spectrum Disorders Resource Library
dboring@esu6.org
(402)761-3341 or 327-0091

Office of Early Childhood ; NE Dept. Education
301 Centennial Mall South; Lincoln, NE 68509
(402) 471-3184; (402) 471-0117

Behavior Clinic Dates Spring/Summer 2006
w/ Dr. Niazi at Complete Children's Health

What is "Behavior Clinic" at Complete Children's Health? In the course of his pediatric practice, Dr. Niazi saw the need to set aside some time to just focus on the special needs of many of our patients and their families. In the midst of "medical appointments," a special needs family may not be afforded the extended attention to care for them as Dr. Niazi would like. Therefore, he has added two afternoons (usually Thursdays) and one Saturday morning (during the school year) each month to see "behavior patients."

These clinic appointments are individual extended appointments (usually 30-60 minutes) with the patient and their family. Unhurried listening and counseling are the priority. Melinda, his nurse, will usually be present as well. She will be taking detailed notes which often help in documenting needs for future plans, such as school district inquiries, IEPs, outside counseling follow-up, etc.

Medication needs are met and support information and literature is often given. For the autism parent, there is a small autism resource library to browse through. Ordering information is available. For the child, there is a special basket of toys available during behavior clinic for "fidgeting through".

The following dates are upcoming for appointments:

May 13, Saturday morning (rechecks only – no initial consults)

Thursday Afternoons:

May 18
June 1, 15
July 6, 27

Current Support Groups:

Lincoln Area Autism Support Group

Dates: First Thursday of each Month
Time: 7:00 p.m.
Location: Lazlo's 56th & Old Cheney

Contact: Georgann Albin, home:(402) 474-1246, cell: (402) 304-3633,
frelancega@aol.com

Asperger's Syndrome Support Group

Meets at noon the first Friday of each month in Lincoln at the Gere Public Library.

Contacts: Carolyn May (402) 792-3030 (smay@alltel.net) or Tammy Mackie (
dm85759@alltel.net)

Upcoming Opportunities for ASD Education in Nebraska

June 2006

Autism Summit (Munroe-Meyer Institute)

Keynote Speaker: TEMPLE GRANDIN, Ph.D.

Date: June 3, 2006

Time: 9 a.m. – 4 p.m.

Cost: \$50 person/ \$75 couple

Location: Qwest Center – Omaha

More info at www.gwrwealth.com

Application of the SECRETS Model

Location: Metro

Date: June 26 & 27

Speaker: Emily Rubin, M.S., CCC/SLP

Contact: Bridget Cannon-Hale 402-597-4957