



MICHELLE LINGENFELTER,
CPNP, APRN, IBCLC

Michelle has been providing children with quality healthcare as a member of the CCH team for almost a decade, working first as a Certified Pediatric Nurse Practitioner, and then adding to her professional credentials and CCH responsibilities by becoming an International Board Certified Lactation Consultant.



JAMIE JEFFREY,
CPNP, APRN, IBCLC

Jamie has been providing children with quality healthcare for almost a decade, working first as a Certified Pediatric Nurse Practitioner, and then adding to her professional credentials by becoming an International Board Certified Lactation Consultant.



All about the Health of your Child

All About Breastfeeding



Phone: 402-465-5600
Fax: 402-327-6074
www.completechildrenshealth.com

8201 Northwoods Drive, Lincoln, NE 68505
3901 Pine Lake Road, Suite 210, Lincoln, NE 68516
3262 Salt Creek Circle, Lincoln, NE 68504

Lactation Consulting & Breastfeeding Classes

As part of our commitment to encourage and promote breastfeeding in our community, COMPLETE Children's Health offers a wide variety of services to help new mothers and their babies get every benefit from nursing.

- **Personalized Lactation Consultations**

Our Lactation Team includes **Michelle Lingenfelter**, Nurse Practitioner and International Board Certified Lactation Consultant and **Jamie Jeffrey**, Nurse Practitioner and International Board Certified Lactation Consultant

- **Breastfeeding Classes**

COMPLETE Children's Health offers personal and group classes that emphasize that making milk is easy, breastfeeding is comfortable and help if needed, is available. We will show you how to get off to a great start. Cost of the class is \$20.00.



- **Medela® Authorized Dealer**

COMPLETE Children's Health now offers our families a full line of Medela® products, including Pump In Style® breastpumps. Our breastfeeding team can help you determine the pump and products that are right for you. Products can be purchased at all locations or through our website.

Call 402-465-5600

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